



PARENTS' GUIDE

Art 4 Lent 2024

Suggested art activities and discussion points to share with your children, and for the children to demonstrate their understanding of "Our Mission: Blessing, Bridge, Catalyse"

1



To be a Blessing



Suggested Art Activity:

Positive Petals

Draw & decorate a flower with 4 – 5 large petals. On each petal, write a positive quality you would like to cultivate or develop. Eg. Kindness, Patience, Forgiveness etc.

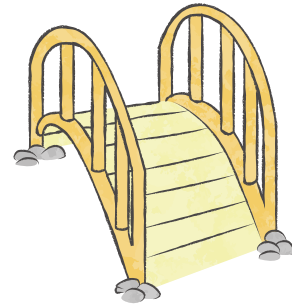
Learning point: This activity shows your child that it is important to deliberately develop good qualities in themselves. By picking virtues for each petal, they learn that growing as a person is something they actively choose. It highlights that being a blessing to others begins with having positive qualities and encourages your child to take responsibility for their character and how it affects those around them.

Discussion questions:

1. What positive qualities did you choose for your flower petals, and why are they important to you?
2. How would you like your positive qualities to make others feel?

2

To be a Bridge



Suggested Art Activity:

Rainbow Bridge

Draw & decorate a rainbow with colours representing friends and family. At the left end of the rainbow, write the child's name and on the right end of the rainbow, write "God".



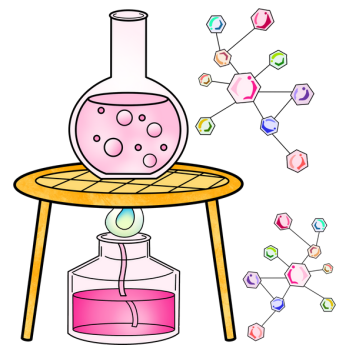
Learning point: This activity shows your child that the rainbow is like a bridge connecting them to God and their loved ones. Each colour represents their unique connection to a person, helping your child to understand their role as a bridge for others to Christ. It teaches them to appreciate their part in creating spiritual connections between themselves, others, and God.

Discussion questions:

1. Which colours did you choose to represent your friends and family on the rainbow, and why did you pick those colours?
2. How can you strengthen your rainbow bridge and make it even more special in connecting you, your friends, family, and God?

3

To be a Catalyst



Suggested Art Activity: Sunshine of Kindness

Draw & decorate a sun with (big) rays. On each ray, draw or write a kind act. Eg. Hug my sister, share my snack with a friend, help my mother to wash the dishes etc.



Learning point: This activity shows your child that small acts of kindness can bring positive changes to others' lives. Each act drawn on the sun's rays is like a catalyst, with the power to bring happiness and warmth to others. It teaches children that they can play a proactive role in making positive changes by understanding the importance of spreading joy and kindness, aligned with their connection to God.

Discussion questions:

1. Which kind acts did you draw on the sun's rays, and how do you think they can make others feel happy or warm?
2. Can you share a time when someone's small act of kindness made you happy? How did it make you feel?