



Discipleship and Nurture Ministry

"To establish, deepen and strengthen your roots in Christ"



Ministry Aims

The Discipleship and Nurture (D&N) Ministry provides focus and attention to:

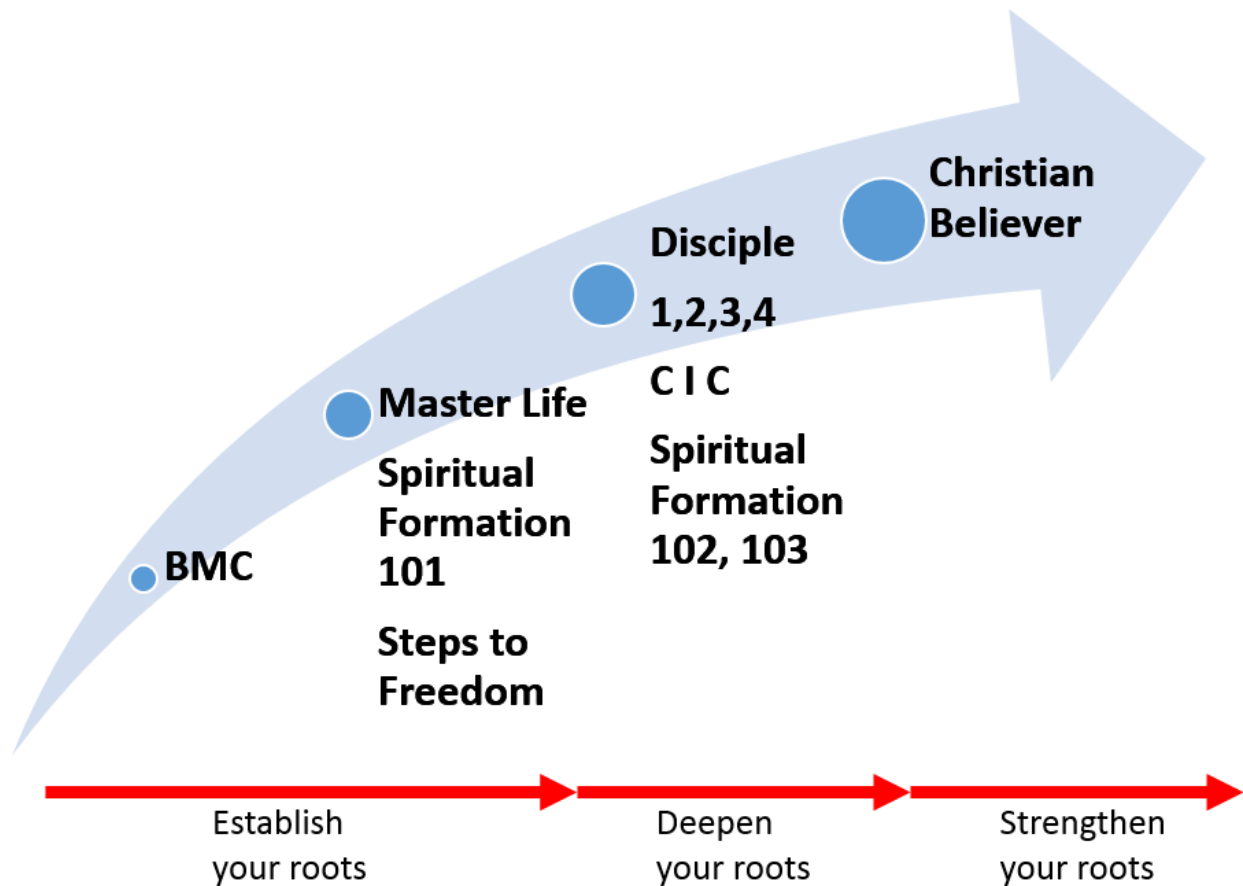
- Scriptural training and instruction
- Emphasis on individual church members
- Spiritual development and growth

Every believer matters to Christ and a disciple of Christ is a learner. Discipleship is a relationship where we stand in Christ and take on His character. We learn from Him, how to live life as He would.

It is the intention of our Church to help each believer to grow spiritually as a child of God. Intentional courses at different levels are being planned and conducted to build our foundation in the word of God and spiritual discipline. We are not just looking at being informed, but to be transformed as we discipline ourselves to become true Disciples of Christ.

The courses listed in the AMKMC Discipleship Progression are arranged from basic to advanced levels to take a believer on a journey to spiritual maturity. They will be conducted at different times of the year, under the direction of the Pastors, with the assistance of the Pastoral Team Members and volunteers in the various lay ministries in AMKMC. Whether you are a new believer, or seeking to strengthen your biblical foundation, our Church wants to nurture you to spiritual maturity.

AMKMC Discipleship Blueprint



ESTABLISH your roots	DEEPEN your roots	STRENGTHEN your roots
<ul style="list-style-type: none"> ▪ BMC (Baptism and Membership Course) ▪ Master Life 	<ul style="list-style-type: none"> ▪ Disciple 1 ▪ Disciple 2 ▪ Disciple 3 ▪ Disciple 4 	<ul style="list-style-type: none"> ▪ Christian Believer <p>*Future course offerings are under evaluation</p>
<ul style="list-style-type: none"> ▪ Steps to Freedom ▪ SF101 – Practising the Presence of God 	<ul style="list-style-type: none"> ▪ CIC (Companions in Christ) ▪ SF102 – Examining Your Life ▪ SF103 – Contemplative Prayer 	<p>*Future course offerings are under evaluation</p>

Course Information

There will be a compulsory D&N Orientation Day for those wishing to find out more information about the courses offered. Detailed class schedules and course materials will also be distributed. Please refer to the bulletin when the information becomes readily available.

Course	Duration	Course Materials	Remarks
Disciple 1	34 weeks	1 Course workbook	Please note that there will be a compulsory D&N Orientation Day where specific information like class schedule will be given out.
Disciple 2, 3 and 4	32 weeks	1 Course workbook	
Master Life	24 weeks	4 Member Books	
Companions in Christ (CIC)	28 weeks	1 Course workbook	
Christian Believer	30 weeks	1 Course workbook 1 Book of Readings	
Steps to Freedom	1 day	1 Workbook	Please note that registration opens 6 to 8 weeks before actual date of retreat, and closes 2 weeks before the actual date of retreat.
SF101 – Practising the Presence of God	1 day	Materials provided	
SF102 – Examining Your Life	1 day	Materials provided	
SF103 – Contemplative Prayer	1 day	Materials provided	
Baptism and Membership Course (BMC)	10 weekday nights 2 full-day retreats 1 baptism service	1 Course folder 1 Church Membership Manual	10 plenary and small group discussions Retreat 1: STF Retreat 2: Methodism and Spiritual Gifts

Registration Procedure

- ☐ Please note that there is no orientation for the Steps to Freedom and Spiritual Formation retreats. Information will be provided closer to the date of the retreat.
- ☐ Pick up a **D&N Registration Form**, fill out and select your desired course and send it in. If you don't know which course to choose, you may attend the **Course Overview** during the **D&N Orientation**.
- ☐ Attend the **compulsory D&N Orientation** which will provide detailed Course Information, Class Schedule and Class Materials.

BAPTISM AND MEMBERSHIP COURSE



The Baptism and Membership Course (BMC) is a preparatory course for anyone who is preparing to be baptized or become a member of Ang Mo Kio Methodist Church. This is a 10 weeks' course plus 2 full-day retreats. BMC fulfils the following purposes:

1. To ensure candidates are fully instructed in the basic foundation of the Christian faith.
2. To communicate the church's vision and beliefs.

BMC Prerequisites and Course Outline:

- Minimum of 6 months regular attendance at Sunday services prior to registration.
- 10 weekly sessions, inclusive of a corporate plenary teaching before breaking up into small group discussion.
- 2 full-day retreats, inclusive of:
 - Steps to Freedom
 - Spiritual Gifts and Methodism

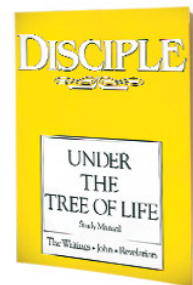
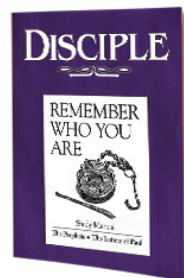
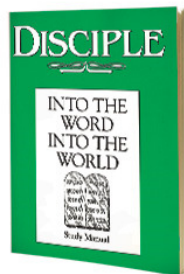
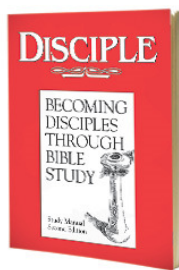
The course culminates with a Baptism Service for those getting baptized, and a Confirmation and Reception into Membership Service for all participants to officially welcome them into the AMKMC family. More information will be available closer to the opening date of registration.

DISCIPLE

A Bible Study

Series Aimed At Transformation - Not Just Information

DISCIPLE is a program of disciplined Bible Study aimed at developing strong Christians. This study, using the Bible as the main text, is conducted through small groups for fellowship, study, prayer and preparation for servant hood. The purpose of DISCIPLE is expressed in the words of Ephesians 4:12 “to equip the saints for the work of the ministry, for building up the body of Christ.” There are 4 books in the DISCIPLE program. Those who are seeking to grow deeper in the word and spiritually will benefit from attending this program.





BECOMING DISCIPLES
THROUGH BIBLE STUDY

DISCIPLE 1: BECOMING DISCIPLES THROUGH BIBLE STUDY is the foundation of the DISCIPLE Bible Study program.

DISCIPLE assumes that the Bible is the key to renewal in the church. It recognizes the human-divine nature of the Bible: The actual texts of Scripture were written by human beings like ourselves in their cultural settings, under the divine inspiration of God.

DISCIPLE affirms that the canon was formed as it is in order for God to speak to us. BECOMING DISCIPLES THROUGH BIBLE STUDY gives equal time to both the Old and New Testament, emphasizing the wholeness of the Bible as the revelation of God. DISCIPLE aims at transformation, not just information, and calls on persons to submit themselves to examination by Scripture, to put themselves under the power of God's Word, and to be changed by God's Word. DISCIPLE invites persons to bring their experiences and struggles to the Scripture. All persons know something is amiss with their existence and yearn for the Word from God.

BECOMING DISCIPLES THROUGH BIBLE STUDY uses biblical language and images and draws upon the work of scholars to aid understanding of the Bible.

This study requires reading large portions of Scripture each week and is based on careful study and preparation. During the course of thirty-four weeks, groups will move through the biblical stories of Creation to the New Jerusalem. The titles of the sessions along with theme words; theme verses; and major persons, events, and topics will set the sequence of the biblical story in the minds of the participants. The principal Scripture for each session follows the chronological movement of the biblical story.



DISCIPLE 2: INTO THE WORD, INTO THE WORLD encourages persons to open themselves to hearing what God has to say to them through the Bible and to be guided into service in the world by Scripture and their study of it.

This thirty-two-week study selects specific portions of Scripture and delves deeper into them. Depth study of Scripture will be the work both of individual members and of the group in its weekly meeting. Equal attention is given to both the Old and New Testament with concentration on four books: Genesis, Exodus, Luke, and Acts (eight lessons on each book). Appropriate connections are made to other parts of Scripture both through reading and study assignments and through commentary in the study manual. Participants will read familiar passages, see them in fresh ways, and anticipate that God will speak through them.

INTO THE WORD INTO THE WORLD is prepared for those who have completed DISCIPLE: BECOMING DISCIPLES THROUGH BIBLE STUDY. This study proclaims the transforming power of Scripture while teaching Bible study skills that take participants deeper into the Scripture. The importance of keeping Bible study related to witness is reinforced while participants are encouraged to practice spiritual disciplines arising out of Scripture. The purpose is to change habits and transform lives. The study also emphasizes the rhythm of coming to God and going for God, of being in the Word and in the world individually and corporately. This study understands the growing Christian as under discipline in community and in ministry to the world. INTO THE WORD INTO THE WORLD approaches all experiences of life as opportunities for faithful witness and service.



DISCIPLE 3: REMEMBER WHO YOU ARE is prepared for those who have completed **BECOMING DISCIPLES THROUGH BIBLE STUDY**.

Resident in the title is the driving idea in this study--the connection between memory and identity as the people of God. The word *You* in the title is meant to be heard both in its singular form (the individual) and in its plural form (the community). We are a community of memory. Participants in this thirty-two-week study will read the major and minor Old Testament prophets, with the exception of Daniel, and will read the thirteen letters traditionally attributed to Paul. To establish the historical context in which the prophets spoke for God, daily reading assignments also draw on the books of Deuteronomy through Chronicles. Study of the prophets will follow their historical sequence rather than their biblical sequence. The dating of Paul's letters influences the sequence of their study.

Several themes weave their way through the study: the call to remember, the call to repentance, the need for renewed vision (eyes to see, ears to hear), and the place of community. **REMEMBER WHO YOU ARE** concentrates on the Old Testament prophets and the letters of Paul. The prophets and Paul are continually calling hearers and readers back to their God and to a sense of who they are as a people "set apart." The prophets and the community cannot be separated. The prophets spoke for God, out of the community, and to the community. Paul's experience of the risen Lord, his relationship to the community he addressed, his Jewish traditions, and the Greco-Roman culture of his day merged in his writing of the letters. Paul used the language of his culture to carry the message that arose out of his roots in the Hebrew Scriptures and Judaism.



DISCIPLE 4: UNDER THE TREE OF LIFE is a thirty-two-week study prepared for graduates of BECOMING DISCIPLES THROUGH BIBLE STUDY.

The word “Under” in the title is meant to convey invitation, welcome, sheltering, security, and rest--home at last.

The Hebrew version of what Christians call the Old Testament has three divisions: Torah (the first five books of the Bible), the Prophets, and the Writings. The Writings include all the books that are not part of the Torah or the Prophets.

UNDER THE TREE OF LIFE concentrates on the writings in the Old Testament – Ruth, 1 and 2 Chronicles, Ezra, Nehemiah, Esther, Job, Psalms, Proverbs, Ecclesiastes, Song of Solomon, Lamentations, and Daniel. New Testament Scriptures include the Gospel of John; 1, 2, and 3 John; James; Jude; and Revelation.

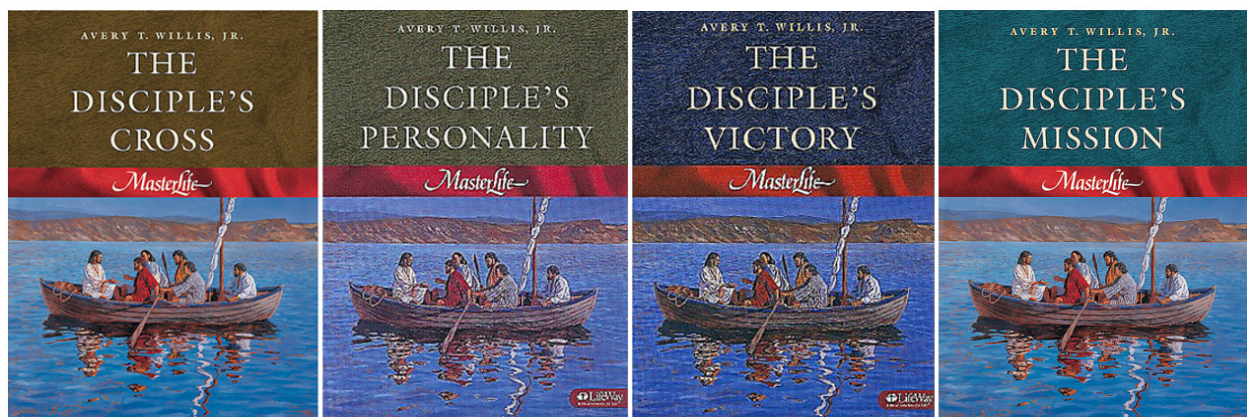
Emphasis on the Psalms as Israel’s hymnbook and prayer book leads naturally to an emphasis on worship in the study. Present though the entire study is the sense of living toward completion, toward the climax of the message and the promise, extravagantly pictured in the Revelation.



Master Life: Developing a Rich Personal Relationship with the Master

An excellent 24-week equipping program to help persons move toward maturity in Christ, Master Life is appropriate for both new Christians and experienced believers. A blend of biblical study assignments and real life application, it takes truth from the head to the heart.

The course is structured according to 4 Member Books, each taking 6 sessions to cover.



In addition to gaining victory over areas of weakness, participants will be encouraged to master living in the Word, Prayer, Personal Purity, Witnessing, and other key Disciplines of Faith. Every disciple is to heed the call to follow after the Master throughout his/her life so as to be so transformed that by His grace we can begin to be involved in His mission in our home, church and the world.

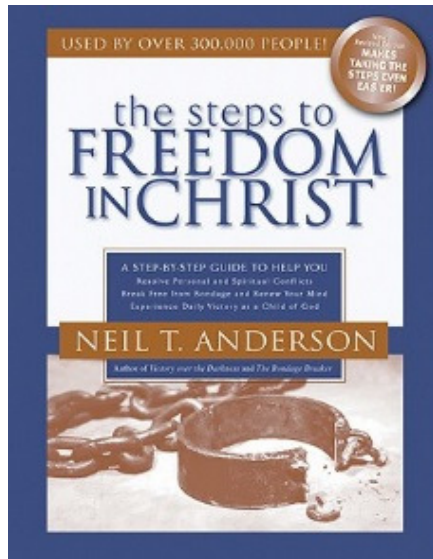
COMPANIONS[®] *in Christ*



Companions in Christ (CIC) is a Spiritual Formation program which provides participants diverse, imaginative settings for learning the spiritual disciplines of prayer, scripture study, worship, ministry and Christian conversation.

This series is conducted in a small group of 8 - 12 members and will culminate in a day retreat. There will be daily devotional readings for 5 days each week and the group meets weekly over 28 weeks. CIC will offer you the opportunity to focus on your relationship with Christ and grow in your openness to God's presence and guidance.

There will also be times where you and members of your group will participate in community sharing, as you explore common stories, questions, and discoveries about your relationship with Christ. The unique aspect of this experience is that members of your small group, who are indeed your companions on the journey, will encourage your searching and learning. The course is structured according to the CIC workbook, covering 5 modules over 28 sessions.



Steps to Freedom (STF) is a Christian tool which includes a spiritual inventory to help us identify and break free from condemning thoughts, compulsive behaviours, personal conflicts, spiritual struggle & despair and any type of spiritual bondage

The purpose of this workshop is to

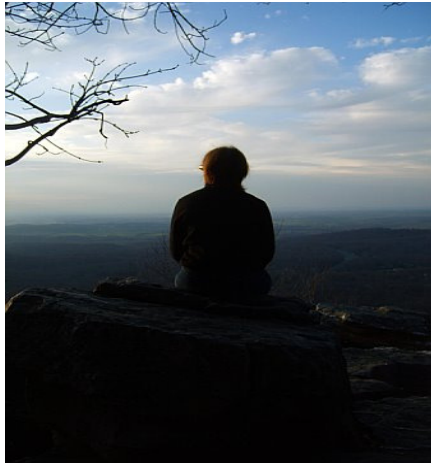
- To help you resolve personal & spiritual conflicts
- To break free from bondage
- To renew your mind
- To experience daily victory as a child of God



The facilitators will walk through with you step by step the 7 Steps:

- Counterfeit vs Real
- Deception vs Truth
- Bitterness vs Forgiveness
- Rebellion vs Submission
- Pride vs Humility
- Bondage vs Freedom
- Curses vs Blessings

This workshop is quite intense, focused and intentional. The STF tool is beneficial for anyone who desires to be set free; or for those who struggle with temptations, bondages and perennial problems.



Spiritual Formation Retreat 1 (SF101)

The aim of this retreat is experiential prayer and **practising the presence of God**, rediscovering the sacredness of each moment.

What's in store

- Explore and experience various prayer forms.
- Observe Sabbath moments in the rhythm of the day.
- Reflect and allow God to speak while reflecting on your relationship with God



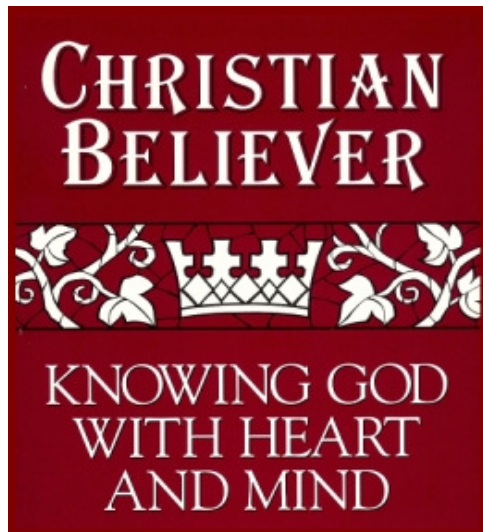
Spiritual Formation Retreat 2 (SF102)

The Discipline of Examen is a way of prayer that **examines or assesses one's life before God on a regular basis**. Come and join us to learn this ancient practice of prayer so that we will not live wasted lives and more importantly, it will help us be increasingly in tune with the Spirit of God in our lives.



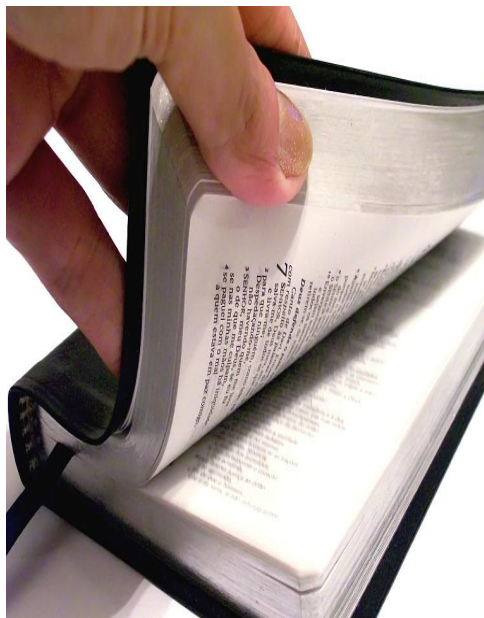
Spiritual Formation Retreat 3 (SF103)

A journey of faith incorporates a life of prayer. This **Contemplative Prayer** Retreat seeks to enrich your spiritual life. Come and experience how you can grow deeper with God through contemplative prayer.



Christian Believer is for growing and mature believers who wish to deepen their understanding of how Christ's teachings shape our practice of faith and the way we view our world. It focuses on the classical teachings of the Christian faith as enshrined in the ecumenical creeds, presenting, explaining and interpreting them in a way that participants can understand through the use of **words, symbols and hymns**.

"Knowing God With Heart & Mind" is the central theme of this course. It summarizes the message that, if the study of doctrine is to result in wholeness of life, the issues of the heart and the issues of the mind must come together. Doctrine moves from the head to the heart.



Mid-week Bible Studies are planned normally for the 2nd half of the year, where invited speakers and teachers of the Bible share and bring alive the word of God to us. They are usually held on a weekday evening. Watch out for announcements in our weekly bulletin for details.

Periodically, other courses may be introduced when the Pastoral Office seems suitable for a believer's growth. The aim is to always stay fresh and be recharged in our spiritual life by the living Word of God. Do look out for such announcements in the weekly bulletin!

Discipleship is a Way of Life

“Discipleship isn’t a program or an event; it is a way of life. It is not for a limited period, but for a whole life. Discipleship isn’t just for beginners alone; it is for all believers for every day of their life. Discipleship isn’t just one of the things the church does, is what the church does. It’s not just part of the advancement of God’s Kingdom; the existence of serious disciple is the most important evidence of God’s work on earth.

Without enough of these workers, the task languishes and the work remains incomplete (see Mathew 9:35-38)” – Bill Hull

Discipleship Requires Commitment

Discipleship requires us to take up our cross daily and follow Jesus (Luke 9:23). It requires commitment on our part, and as we keep our commitments and give ourselves to the process, we will experience a depth of relationship with Christ that will spur us on for the rest of our life. Without discipleship, we lose our vibrancy in Christ.

Discipleship Is a Decision

Courses and programs organized are announced periodically in the bulletin. Take the step of faith and register to attend when applications begin. Commit to grow. Pursue God with a passion. You will be fulfilled.

Be blessed. Decide today to be a Disciple for Christ.

“Christianity without discipleship is always Christianity without Christ.”
Dietrich Bonhoeffer

©Discipleship & Nurture Ministry, Ang Mo Kio Methodist Church